

# **Stephanie Ross, M.A., R-DMT**

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## **Education**

**Drexel University:** M.A. Creative Arts Therapy – Dance/Movement Therapy, overall GPA 3.61

**Eastern Michigan University, Magna Cum Laude:** B.S. Psychology and Dance, overall GPA 3.73

Balanced Pilates Comprehensive Certification – Reformer, Tower, Chair, Ladder Barrel, Pre/Post Natal

Balanced Body Pilates Mat Certification

Infant Developmental Movement & Yoga for Babies

## **Work Experience**

### **Pilates Instructor – New York, NY (June 2015-present)**

Current: Steps On Broadway

Westside Pilates

Peekskill Pilates

Previous: Moving Strength; Harmony Pilates; Core Focus PT

### **SwiftFoot Productions/Misnomer Inc - New York, NY (Feb 2017-present)**

Production Manager, Stage Manager, Production Assistant on various productions

Correspond with talent and crew via email, phone, and text

Data entry and tracking in google documents

Time management and cast wrangling during rehearsals and productions

### **Broadway Donation Dance Classes – New York, NY (May 2016-2020)**

Director of Operations

Oversee general functioning of Broadway Donation

Manage Marketing and Social Media teams

Communicate with teachers and prospective teachers

### **Steps On Broadway -New York, NY (Aug 2010-March 2018)**

Operations Manager (Jan 2015-Mar 2018)

Open the building; Reconcile cash and credit card sales from previous day

Respond to emails re: rental inquiries, general studio questions, internal matters

Assist in managing the front desk and Work/Study students; Interact closely with faculty & staff

Previous: Operations Supervisor (6/14-1/15); Work/Study Assistant Manager (8/10-6/14)

## **Select Dance/Movement Therapy Internships**

### **Germantown Intensive Outpatient Program -Philadelphia, PA**

Group DMT with adults with severe mental illness, including Schizophrenia, Major Depression

Disorder, and Bipolar Disorder; worked on team with Art Therapist and Social Worker

### **Siloam Wellness -Philadelphia, PA**

Individual and group DMT and verbal therapy work with adults with HIV/AIDS

Began a DMT program; Co-lead Meditation groups, Mother/Daughter, and Family groups

## **Skills**

Reliable, personable, hard worker, self-motivated, organized, and dedicated; ability to think on my feet; Great written and verbal communication skills; Five Time NYC Marathon Finisher; 24 Half Marathons and counting; great with kids and dogs.